Tee-shory :: ἡγουμένη
This is said on all fasting days, including the weekends of the Lent and weddings. Not said on the weekdays on Lent but instead, Entho te ti-shori is said.

ἡγουμένη ἰδνυθ τε ἀναθεματιζομένη πνεῦμα πνεύμων: ἀγίου ἁγιώτατης ἀμαρτία οὗτη ἀμβλύνεις καὶ ἀφίησις οἰκοδομεῖ εἰς τὸν ἑαυτοῦ.

The golden censer is the Virgin, her aroma is our Savior. She gave birth to Him; He saved us and forgave us our sins.